

Participation Agreement

Zestful Gardens CSA

Name

Address

Telephone

E-mail

I wish to support Zestful Gardens and Community Supported Agriculture by becoming a share member. I understand that I am making a commitment to Zestful Gardens and recognize that I will share both the rewards and the risks of the growing season along with the other members. It is my responsibility to pick-up my share within the scheduled pickup hours. If it is not picked up, I understand that my share may be donated elsewhere.

Signature



**Please call
Holly
if you have
questions!**

(253) 232-0811

Cost & Quantities

The season begins in June and continues for 20 weeks through October.

A weekly share contains 6-12 fresh items, harvested that morning. We harvest and distribute one size share and encourage members to split a share with friends or neighbors.

One share is perfect for one healthy vegetarian appetite or for a family of four. Zestful Gardens offers a wide variety of fresh and delicious seasonal produce.



Over 80 different varieties are grown including heirloom varieties. The share cost for the season is

Distribution Sites

You may pickup your shares at the farm (just off River Road, 5018 40th Street, East, Tacoma, WA), or pickup at a distribution site in town.

5102 40th St. E.
Tacoma, WA 98443



Certified Organic Produce

Zestful Gardens

Tacoma, Washington

Fresh Organic Vegetables & Herbs

Community Supported Agriculture is an opportunity for people to buy the freshest produce possible, develop a relationship with a local farmer, and take control of the food distribution system.

Here's How it Works

You pre-pay for a share of the season's harvest in the winter to meet the farmer's operating expenses. In return for your investment, Zestful Gardens share members receive a steady supply of edible dividends weekly throughout the growing season.



As a Zestful Gardens Community Supported Agriculture (CSA) member you also share the risk with the farmer. There is no guarantee that any crop will succeed, but at the same time, with over 80 varieties planted, the chances are high that the member's investment will pay off!

People who recognize the value of investment in their local economies are establishing a direct relationship with the small-scale farmer who nurtures their food. Thousands of CSA's are growing nationwide, reorganizing a small part of the food distribution system.

**Community Supported Agriculture
Protecting Our Ecosystem**

Zestful Gardens

Tacoma, Washington

Zestful Gardens

Zestful Gardens is a 30-acre farm in the heart of the Puyallup Valley. Holly and her mother, Valerie, tend 5 acres in intensive vegetables & herbs, another 15 in rotating cover crops and pasture, and 8 in orchard & woodland.

Holly has farmed since 1996 in Northern Scotland, New South Wales, Australia, Up-state New York, and here in the Puyallup valley.

We practice organic and biodynamic agriculture with a deep commitment to sustainable farming and a zest for good food.



Activities

Throughout the season we offer informative talks, tours, work days, potlucks, children's activities, and harvest celebrations. These activities are opportunities for members to cultivate community and participate in farm life.

Are you interested in more than great veggies? Become a Core Group member and share your ideas.

Our Core Group plans activities, helps us decide what to grow and enhances the CSA. The group meets quarterly with the farmers. Contact Holly if you'd like to participate.

Sample Shares

Spring

1 ½ lbs	Snow Peas	3 pc	Kohlrabi
1 lb	Snap Peas	1 bu	Turnips
½ lb	Baby Spinach	1 bu	Radish
1 hd	Raddichio	1 bu	Carrots
1 lb	Salad Mix	1 bu	Garlic Scapes
		1 bu	Parsley

Summer

2 hd	Lettuce
1 bu	Celery
1 ½ lbs	Green Beans
1 hd	Broccoli
1 lb	Tomatillos
3 lbs	Tomatoes
1 lb	Sweet Peppers
1 pc	Eggplant
3 lbs	Cucumbers
3 lbs	Summer Squash
1 bu	Scallions
1 bu	Carrots
1 bu	Basil



Fall

2 hds	Lettuce	3 lbs	Winter Squash
1 bu	Beets	1 bu	Parsnip
3 lbs	Potatoes	1 hd	Cabbage
1 bu	Leeks	1 bu	Kale
2 bulbs	Garlic	2 lbs	Tomatoes
		2 pc	Pie Pumpkins



Protecting Our Ecosystem

Zestful Gardens answers the growing demand for food that is real. In contrast to the homogenous products of today's megafarms, our customers enjoy vibrant produce that expresses the variety of our seasons.

Our shareholders are assured they are buying food grown with concern for their health and for the health of our farm ecosystem.

**Visit our website
for more information
www.zestfulgardens.org**

Projected Harvest

June - July

Arugula
Basil
Beans
Beets
Braising Greens
Broccoli
Broccoli Raab
Cabbage
Carrots

August - September

Arugula
Beans
Beets
Cabbage
Carrots
Chinese Cabbage
Cucumbers

October

Arugula
Beets
Broccoli
Broccoli Raab
Cabbage
Carrots
Cauliflower
Celeric
Celery

Chinese Cabbage
Collard Greens
Herbs
Italian Dandelion
Kale
Lettuce
Mustard
Peas
Radishes
Salad Mix

Eggplant
Herbs
Kale
Lettuce
Melons
Mustard
Peppers
Rutabaga
Salad Mix

Chinese Cabbage
Collard Greens
Fennel
Herbs
Garlic
Italian Dandelion
Kale
Leeks
Lettuce
Mustard

Scallions
Spinach
Turnips



Scallions
Shallots
Summer Squash
Swiss Chard
Tomatoes
Zucchini

Onions
Potatoes
Pumpkin
Radishes
Salad Mix
Scallions
Spinach
Swiss Chard
Turnips
Winter Squash